

On the History of Child and Adolescent Psychiatry in Greece

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Pre-history

- Two main sources which constituted motors for the creation of CAP in Greece were Justice and Special Education
- 1932: Juvenile Court
- 1937: prototype school of special education
- 1942: juvenile court probation service

History begins in 1949

- 1949: Child psychiatric Dept at the General Neuropsychiatric Hospital of Athens – “Daphni - Pavilion 7”
- 1956: child guidance clinic at the Center of Mental Health Hygiene (A. Potamianou)
- 1956-58: child guidance clinic at the AHEPA General Hospital, Medical School, Aristotle University of Thessaloniki (Ch. Ierodiakonou)
- 1957: Hellenic Society of Mental Hygiene and Neuropsychiatry of the Child
- 1958: Psychological Center of Northern Greece (E. Nanakou)

The '60s

- 1960: child guidance clinic of the Child Neuropsychiatric Hospital (NTAOY) of Attica, which started admitting patients in 1961
- 1961: PIKPA Leros
- 1962: two special education centers in Athens and Piraeus
- 1964: child guidance clinic of the CMHH in Thessaloniki (ΕΚΕΨΥΕ)
- 1965: Psychotherapy Unit at the CMHH (Athens)

The '60s

- 1965: Doxiadis Institute of Child Health
- 1968: Child Guidance Service within the Center of Mental Health Hygiene in Thessaloniki – will be the first to be staffed with a multi-disciplinary team (1983)
- 1968: Greek Child-Psychiatric Society (Destounis)

The '70s

- 1975: edition of the first book on child psychiatry in Greece by G. Destounis
- 1975: new CAP units at the CMHH in Athens
- 1977: Hellenic Society of Psychoanalytic Psychotherapy (P. Sakellaropoulos)
- 1978: Dept of “Psychological Paediatrics” at the “Aghia Sofia” Childrens’ Hospital in Athens (J. Tsiantis), which in 1999 will become the first Academic Child Psychiatric Dept

The '80s

- 1981: Child Psychiatry as distinct medical specialty
- 1981: Society for Social Psychiatry and Mental Health (P. Sakellaropoulos)
- 1982: Committee for Child Psychiatric Care in Greece
- 1982: Hellenic Psycho-analytical Society
- **1981-3: Child Psychiatric Society of Greece**
- 1984: beginning of the Psychiatric Reform

Overview

- During the '50s, '60s and '70s, the pioneers in CAP created and organised the first services in Greece
- The narrow public sector usually followed realisations by private institutes or organisations, some of them having constituted paradigms of CAP services
- In the beginning of the '80s and of the Psychiatric Reform, the general situation is characterised by an unequal distribution of services, most of them in the two bog urban centers (Athens/Piraeus and Thessaloniki)

Hellenic Society of Child and Adolescent Psychiatry

- Active role of our Society in the development of CAP in Greece
- National congress and seminars through the country (both for MH professionals and the public)
- Dominant role in the re-organisation of CAP training
- Journal and Newsletter
- International relations (ESCAP, IACAPAP, UEMS, AEPEA, ISAPP)