

STATE-OF-THE-ART REVIEW

Beyond energy storage: roles of glycogen metabolism in health and disease

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Beyond storing and supplying energy in the liver and muscles, glycogen also plays critical roles in cell differentiation, signaling, redox regulation, and stemness under various physiological and pathophysiological conditions. Such versatile functions have been revealed by various forms of glycogen storage diseases. Here, we outline the source of carbon flux in glycogen metabolism and discuss how glycogen metabolism guides CD8⁺ T-cell memory formation and maintenance. Likewise, we review how this affects macrophage polarization and inflammatory responses. Furthermore, we dissect how glycogen metabolism supports tumor development by promoting tumor-repopulating cell growth in hypoxic tumor microenvironments. This review highlights the essential role of the gluconeogenesis-glycogenesis-glycogenolysis-PPP metabolic chain in redox homeostasis, thus providing insights into potential therapeutic strategies against major chronic diseases including cancer.

Introduction

What is life like without sugar? For most healthy individuals, blood glucose levels are in the range from 72 to 99 mg·dL⁻¹, which may increase to 140 mg·dL⁻¹ 2 h

after eating. The total amount of blood glucose is around 4 g for a healthy adult, which maintains the energy metabolism of tissues in the body [1]. The

Abbreviations

6PGD, 6-phosphogluconate dehydrogenase; 6PGDL, 6-phosphogluconolactone; AcAc, acetoacetate; AGL, amylo-alpha-1, 6-glucosidase, 4-alpha-glucanotransferase; BHB, β-hydroxybutyrate; ETC, electron transport chain; F6P, fructose 6-phosphate; FAO, fatty acid oxidation; Fbp1, fructose-bisphosphatase 1; G1P, glucose-1-phosphate; G3P, glyceraldehyde 3-phosphate; G6P, glucose-6-phosphate; G6Pase, glucose-6-phosphatase; G6PD, G6P dehydrogenase; Glut1, glucose transporter 1; GSF, succinated glutathione; GSH, reduced glutathione; GSSG, oxidized glutathione; Gys1, glycogen synthase 1; NO, nitric oxide; OAA, oxaloacetate; Pck1, phosphoenolpyruvate carboxykinase 1; Pck2, mitochondrial phosphoenolpyruvate carboxykinase; PEP, phosphoenolpyruvate; Pgm1, phosphoglucomutase 1; PPP, pentose phosphate pathway; PYG, glycogen phosphorylase; R5P, ribose-5-P; RBCs, red blood cells; ROS, reactive oxygen species; S7P, sedoheptulose 7-phosphate; TCA, tricarboxylic acid; Teff, effector T; Tm, memory T; TRCs, tumor-repopulating cells; UDPG, UDP-glucose; UDP-GlcA, UDP-glucuronate; Ugp2, UDP-glucose pyrophosphorylase 2; α-KG, α-ketoglutaric acid.

majority of glucose (60%) in the human body is consumed by the brain daily via aerobic pathways, and the remainder is mainly utilized by erythrocytes, skeletal muscle, and the heart muscle [2,3]. After a meal, the liver removes excessive glucose from the blood and stores the sugar in the form of glycogen [4]. The liver has the highest glycogen content (~100 g) in the body with up to 10% of its weight serving as the body's glucose reservoir [5,6]. Glycogen stored in the liver is broken down to maintain a stable glucose concentration in the blood, thus insuring an adequate glucose supply for the brain and other tissues [7]. Unlike the liver, muscle has a much lower glycogen concentration (1–2% of the muscle mass), which is used for self-supply; however, the total amount of muscle glycogen in a 70 kg person can reach to 400 g, much higher than 100 g of the total quantity of liver glycogen [1,8]. This is attributed to the total mass of muscle, which is widely distributed in the body and is therefore much greater than that of the liver. The physiological function of muscle glycogen is to support the energy requirements for the muscle contraction. In line with this, glycogen content in muscle does not show significant decrease during fasting [9]. Throughout strenuous exercise or fasting, muscle or liver glycogen is broken down into glucose-1-phosphate (G1P), which is converted into glucose-6-phosphate (G6P) by phosphoglucomutase, followed by the flux of G6P into the glycolytic pathway for ATP generation [10]. Besides skeletal muscle and the liver, other tissues like the brain, kidneys, heart, and adipose tissue are also capable of storing glycogen [11]. The liver is the only tissue that can convert the stored glycogen into glucose and release the glucose into the extracellular space to maintain the homeostasis of glucose in the blood [12]. In addition, although the kidney can make glucose, it is a minor source compared with the liver. It is believed that most nonhepatic tissues, including the muscle and brain, release glucose from glycogen for their direct cellular energy needs rather than for the use by other tissues based on the lack of glucose-6-phosphatase (G6Pase) [13]. Collectively, glycogen is mostly found in skeletal muscle and the liver where energy is stored as a high-density branched polymer form of glucose. In this review, we will skip the conventional understanding of glycogen as a form of energy storage, which is an extensive subject itself, but turn attention to its emerging role beyond storing and supplying energy.

Does the source of G6P determine its role as a glycogen building block?

As the first step of glycogen synthesis, G6P is converted to G1P by phosphoglucomutase, a

phosphotransferase that catalyzes the reversible transfer of phosphate between the 1 and 6 positions of α -D-glucose. G1P reacts with UTP under the catalyzation by UDP-glucose (UDPG) pyrophosphorylase, leading to the formation of UDPG, the direct glucose donor for the elongation of glycogen chains. UDPG is added to the nonreducing end of the glycogen by glycogen synthase [11], where G6P can function as an allosteric activator of this synthase [14,15]. Considering the pivotal role of G6P in glycogen synthesis, it is essential to clarify the source and flux of G6P during glycogen metabolism.

G6P, the central molecule in glycogen metabolism, can be supplied by three ways: glycolysis, gluconeogenesis, and glycogenolysis [16,17]. Cells use glycolysis to generate G6P by phosphorylation of glucose on the sixth carbon catalyzed by hexokinase or glucokinase (only in hepatocytes and pancreatic β -cells) [18]. After a meal, hepatocytes take up excessive glucose from the blood and convert the glucose immediately to G6P, which is subsequently stored as glycogen in the cells. During fasting, hepatocytes degrade glycogen and generate G6P in the cytosol, where G6P is translocated into and catalyzed to glucose by G6Pase in the endoplasmic reticulum (ER), thus releasing the glucose to the blood and maintaining the homeostasis. However, long-term fasting triggers the gluconeogenic pathway to generate G6P in hepatocytes. Gluconogenic precursors such as glycerol, gluconogenic amino acids (e.g., alanine), and lactate are first transformed to oxaloacetate (OAA) and then channeled to the gluconeogenic pathway to produce G6P [19,20]. Such fasting-derived hepatocytic G6P via gluconeogenesis aims to supply glucose for other organs rather than to become glycogen building block. Similar to fasting, exercise can also induce hepatocytic gluconeogenesis. In this case, skeletal muscle cells degrade glycogen into G6P, which fluxes into glycolysis causing an abundant lactate release. The released lactate in the blood is transported to the liver and the kidney where it can be converted to glucose via gluconeogenesis, which is then released into the blood, and accordingly utilized in the skeletal muscle as part of an internal cycle called the Cori cycle [21,22]. Thus, during fasting or exercise, gluconeogenesis may be activated in hepatocytes and results in the formation of G6P, which is then converted to glucose but not fluxed to glycogen. In contrast to this, G6P by gluconeogenesis in the fetal liver is fluxed to glycogen. The fetal liver contains each enzyme for glycogen synthesis and exhibits $24.6 \text{ mg}\cdot\text{g}^{-1}$ glycogen content between 121 and 130 days of gestation, and this glycogen content may even reach to $50 \text{ mg}\cdot\text{g}^{-1}$ at 40 weeks of gestation [23,24]. It is known that fetal hepatocytes

use lactate, glycerol, and alanine to synthesize G6P via the gluconeogenic pathway and then use G6P as a substrate to synthesize glycogen [25,26]. In addition, after an intense exercise, lactate can also act as a substrate to resynthesize glycogen in skeletal muscle cells [10,27]. Previously, we demonstrated that CD8⁺ memory T (T_m) cells have a considerable amount of glycogen storage and the gluconeogenesis-derived G6P is used to synthesize glycogen [28]. Collectively, although glycolysis-derived G6P is conventionally used as glycogen building block, gluconeogenesis-derived G6P can also act as the building block for glycogenesis in specific cell types under certain conditions.

UDPG can be a signal molecule beyond transferring glucose to glycogen

Glycogenesis is simply considered to be a metabolic event that stores energy, but it may not be simple when considering its crosstalk in cellular signaling. As aforementioned, UDPG is an intermediate metabolite of glycogenesis. Being a glycosyl donor, UDPG is catalyzed by glycogen synthase (UDPG-glycogen glucosyltransferase), thus transferring the glucose unit to glycogen. However, the UDPG can be shunted to other chemical reactions to generate other forms of nucleotide sugars such as UDP-glucuronate (UDP-GlcA), a central molecule in the regulation of proteoglycan and glycosaminoglycan [29,30]. UDP-GlcA can be converted to UDP-xylose in the ER and Golgi by UDP-xylose synthase, be used to synthesize hyaluronan at the plasma membrane, or result in hormone (e.g., dihydrotestosterone) glucuronidation in the ER [31].

In addition to converting to other nucleotide sugars, UDPG is an important signaling molecule. P2Y (P2Y1, P2Y2, P2Y4, P2Y6, P2Y11, P2Y12, P2Y13, and P2Y14) purinergic receptors, which belong to the superfamily of G protein-coupled receptors, are expressed in a wide variety of tissues [32]. Among them, P2Y14 is known to be recognized and activated by UDPG. Released UDPG can bind to the P2Y14 receptor in an autocrine or paracrine configuration, and the subsequent signals play important roles in a variety of cellular processes [33]. Extracellular UDPG has been identified and quantified with nanomolar sensitivity in various cell culture media and tissues [34], since UDPG in the ER/Golgi lumen can be released as cargo to the extracellular space via the constitutive secretory pathway [35,36]. Several studies have reported that an increased release of UDPG induces a pro-inflammatory response in immune cells with highly

expressed P2Y14 receptor. The binding of UDPG to P2Y14 receptors results in RhoA activation, cytoskeleton rearrangements, and subsequent chemotaxis of neutrophils [37,38]. This chemoattraction of neutrophils by UDPG was recently demonstrated in cancer patients treated with drug-packaging microparticles [39]. Immature dendritic cells highly express P2Y14 and an increased release of UDPG may induce DC maturation through P2Y14-mediated calcium signaling in concert with other signals [40]. Also, mast cells express the P2Y14 receptor, which mediates UDPG-dependent degranulation and is therefore a potential novel therapeutic target for allergic conditions [41]. In addition to immune cells, the UDPG-P2Y14 signaling pathway can induce the secretion of IL-8 in airway epithelial cells [42]. Jokela *et al.* [43] found that UDPG released by keratinocytes stimulates epidermal inflammation and enhances hyaluronan synthesis by the phosphorylation of JAK and STAT3. In addition, extracellular UDPG and P2Y14 receptor have been associated with the commitment of mesenchymal stem cells to adipogenic and osteogenic differentiation [44] and to the chemotaxis of hematopoietic stem cells [45]. Collectively, UDPG can function as a very important signal molecule that regulates immunity, inflammation, and stem cell biology. Considering these functions, it is worthwhile to clarify whether there are certain cell types which do not synthesize glycogen but only use G6P to produce UDPG for signaling purposes.

Glycogenolysis-guided PPP regulates redox

The glycogenesis shunts G6P to glycogen for energy storage. The opposite reaction is the glycogenolysis, which breaks down glycogen back to G6P via two pathways. Cytosolic degradation of glycogen uses glycogen phosphorylase and the glycogen debranching enzyme. Lysosomal degradation relies on acid α -glucosidase to break down 5% of total muscle glycogen and 10% of total liver glycogen in lysosomes [11,13]. Glycogen phosphorylase is the rate-limiting enzyme for glycogenolysis, which catalyzes the release of G1P from the terminal α -1,4-glycosidic bond. Three tissue-specific isozymes are expressed in mice and humans, including a liver form (encoded by the *PYGL* gene on chromosome 14q22.1), muscle form (encoded by the *PYGM* gene on chromosome 11q13.1), and brain form (encoded by the *PYGB* gene on chromosome 20p11.21) [46,47]. The formed G1P is subsequently converted to G6P by phosphoglucomutase.

In the liver, glycogenolysis-derived G6P is hydrolyzed to glucose by G6Pase and the glucose is then

exported into bloodstream via the glucose transporter in order to maintain the homeostasis of blood glucose levels [7,48]. In nonhepatic tissues, including muscle and brain, G6P from glycogen mainly fluxes into glycolysis in order to satisfy the direct energy needs of the cells [8,49]. Despite the conventional notion that glycogenolysis-derived G6P fluxes to glycolysis for ATP production, an overlooked notion is that glycogenolysis-derived G6P may be directed to initiate the pentose phosphate pathway (PPP). In this metabolic process, the G6P is catalyzed to 6-phosphogluconolactone by G6P dehydrogenase (G6PD), concomitant with NADPH generation. Then, 6-phosphogluconolactone is converted to 6-phosphogluconate and the latter is used to produce ribulose-5-P, NADPH, and CO₂ by 6-phosphogluconate dehydrogenase (6PGD). Ribulose-5-P then initiates the nonoxidative phase of PPP by the direct conversion to ribose-5-P, which can be shunted toward nucleotide synthesis, or to the production of glyceraldehyde-3-P and fructose-6-P via a series of reactions, thus entering glycolysis. Although PPP-derived ribose-5-P is important for nucleotide metabolism, the oxidative phase-generated NADPH may be of paramount importance in nondividing cells. NADPH is a reducing agent required for the reduction of oxidized glutathione (GSSG) by supplying hydrogen to GSSG, thus insuring high levels of reduced glutathione (GSH) which protects cells from the toxicity of reactive oxygen species (ROS) [50,51]. Therefore, the PPP is extremely important for red blood cells (RBCs) [52]. RBCs are rich in heme iron and oxygen making these cells susceptible to oxidative damage; however, this can be neutralized by the highly efficient GSH antioxidative system [53,54]. RBCs are known to contain abundant glycogen [55], suggesting that glycogenolysis may be an active cellular process in RBCs. However, it remains to be addressed whether the resultant G6P is shunted to the PPP. Using the ¹³C tracing method, we previously demonstrated that glycogenolysis-derived G6P is shunted to the PPP in both CD8⁺ Tm cells and LPS-stimulated pro-inflammatory macrophages. Intriguingly, using the same ¹³C tracing [28], Thwe *et al.* [56] found that activated dendritic cells shunted glycogenolysis-derived G6P to glycolysis. Thus, glycogenolysis-derived G6P faces a fluxing choice between glycolysis and PPP. Further investigations may determine what kind of situation or signal(s) persuades the cells to allow the shunt of glycogenolysis-derived G6P to PPP. In addition, given that the phosphorylation of glucose is the simplest way to generate G6P, why the cells use a more ineffective cycle of glycogenesis-glycogenolysis to produce G6P

for PPP remains unexplained. Addressing these fundamental questions will undoubtedly provide deep insight into the regulation of redox by glycogen metabolism.

Glycogen metabolism regulates T-cell memory

T-cell immune response is of paramount importance in controlling viral infection and tumorigenesis [57–59]. T cells use their surface receptor TCR to interact with MHC class I-antigen peptide complex on the target cell surface, generating the signal 1 during T-cell activation [60]. Meanwhile, T cells use their costimulatory molecule CD28 to recognize the CD80/CD86 of target cells to form the signal 2 of T-cell activation. Activated T cells proliferate and differentiate into effector T (Teff) cells [60]. Following antigen clearance, more than 95% of the Teff cells enter apoptosis and the remaining Teff cells become memory T cells, which can survive months to years and launch a rapid and robust recall response upon the cognate antigen restimulation [61,62]. Despite numerous efforts to clarify T-cell memory formation and maintenance, the underlying molecular basis remains elusive. Metabolism is considered to play a key role in regulating T-cell memory. Studies have reported that mTOR, a metabolism-related signaling pathway, negatively regulates CD8⁺ Tm cell differentiation [63]. Energy-regulating molecule AMPK and metformin, a drug which activates AMPK, have also been reported to regulate CD8⁺ Tm cells [64–66]. Moreover, recent reports highlighted a critical role of fatty acid oxidation (FAO) in CD8⁺ T-cell memory development [67,68]. CD8⁺ Tm cells use cell-intrinsic lipolysis to generate free fatty acid and highly express carnitine palmitoyltransferase 1A, the FAO rate-limiting enzyme that mediates fatty acid translocation into mitochondria, thus supporting the metabolic programming necessary for CD8⁺ T cell memory development [68]. Nevertheless, the mechanistic insight into how FAO is linked to T-cell memory development is still unexplained. Also, how mTOR inhibition and FAO synergistically regulate CD8⁺ T-cell memory remains unclear. Our own studies may help explain the mechanism behind glycogen metabolism regulating T-cell memory.

It is a surprising observation that CD8⁺ Tm cells store a large amount of glycogen [28]. The G6P molecule initiates the process of glycogen synthesis, which can be derived from glycolysis or gluconeogenesis. Despite the absence of G6Pase, phosphoenolpyruvate carboxykinase 1 (Pck1), and fructose-bisphosphatase 1 (Fbp1), the first two rate-limiting enzymes of gluconeogenesis, are upregulated in CD8⁺ Tm cells, suggesting

that G6P might be derived from the gluconeogenic pathway. Tracing with ^{13}C carbon verified that CD8^+ Tm cells use gluconeogenesis-derived G6P to synthesize glycogen. Following glycogen synthesis, CD8^+ Tm cells further break down glycogen back into G6P, which may flux into glycolysis or PPP. The ^{13}C tracing experiments clearly demonstrate that CD8^+ Tm cells use glycogenolysis-derived G6P to trigger PPP, thus providing NADPH to reduce GSSG to GSH; and the increased GSH lowers ROS levels, which enhances the long-term survival of CD8^+ Tm cells [28]. Despite understanding the formation and maintenance of CD8^+ Tm cells, questions remain as to why and how CD8^+ Tm cells initiate glycogen metabolism.

Glycolysis and gluconeogenesis are two mechanisms which can provide G6P, the first substrate for the glycogenesis. Glucose-6-phosphatase is absent in CD8^+ Tm cells; however, Pck1 and Fbp1, the first two rate-limiting enzymes for gluconeogenesis, are upregulated. This implies that G6P might be provided via gluconeogenesis for glycogenesis, which is further verified by the ^{13}C tracing assay. The next key point is how CD8^+ Tm cells develop the gluconeogenic metabolic pathway. It is no doubt that abundant oxaloacetate fluxing to gluconeogenesis may result in the accumulation of acetyl-CoA in tricarboxylic acid cycle, leading to shunting acetyl-CoA toward ketogenesis. In fact, the formation of acetoacetate and β -hydroxybutyrate (BHB) is greatly increased in CD8^+ Tm cells [69]. In line with this, ketogenesis-related enzymes are upregulated in CD8^+ Tm cells. Although the ketogenesis-derived BHB can be used as an energy source for the tricarboxylic acid (TCA) cycle, the major role of BHB in CD8^+ Tm cells seems to exclude its function as an energy molecule. In addition to energy supply, BHB can also act as an epigenetic modifier by targeting histone β -hydroxybutyrylation. In CD8^+ Tm cells, BHB was found to modify H3K9 of *FoxO1* and *PGC-1 α* , thus facilitating the expression of these two genes. Subsequently, *FoxO1* and *PGC-1 α* synergistically upregulate *Pck1* expression, thus guiding the carbon flow along the gluconeogenic pathway toward glycogen [69]. These findings may explain why rapamycin or metformin favors CD8^+ T-cell memory formation. Rapamycin may inhibit AKT activity through its influence on mTORC2 assembly [70]. Metformin may also inhibit AKT activity by targeting insulin-like growth factor signaling. The inhibition of AKT relieves the subsequent phosphorylation of *FoxO1*, therefore allowing the translocation of *FoxO1* into the nucleus to regulate *Pck1* expression. Collectively, based on our findings and that of others, we propose an integrated

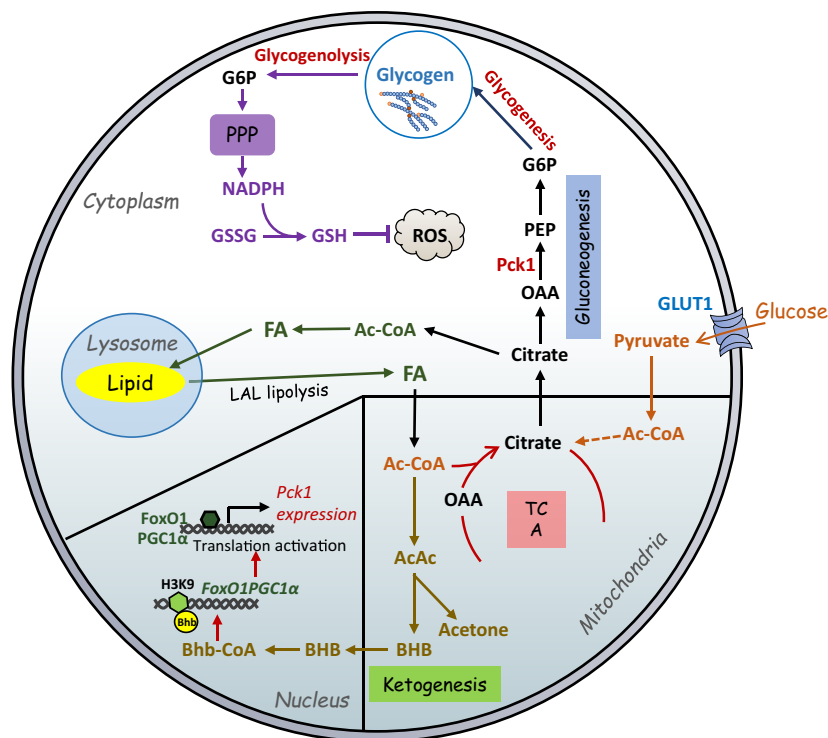
metabolic chain in CD8^+ Tm cells as described in Fig. 1.

Glycogen metabolism is a key event for M1 macrophage polarization

Macrophages are fundamental innate immune cells, which can be polarized to a M1 phenotype against bacterial infections or to a M2 phenotype for tissue repair and wound healing [71,72]. It is known that classically activated M1 macrophages use glycolysis for energy supplement and alternatively activated M2 macrophages use oxidative metabolism to fuel their functions [73,74]. For M1 macrophages, in addition to glycolysis, recent studies also indicated the involvement of the TCA cycle in M1 polarization [75]. This is because the intermediate succinate can slow prolyl hydroxylase activity, thus allowing HIF1 α to more efficiently exert its functions, including driving the macrophage M1 phenotype. Furthermore, during M1 polarization, carbon is also fluxed toward the PPP in addition to glycolysis. The PPP is important for the redox balance of M1 macrophages due to the NADPH generated during the oxidative phase [76]. However, the G6P source for the PPP in M1 macrophages is not clear. Our recent studies demonstrated that the G6P, which fluxes to PPP, probably is not directly derived from glycolysis but from glycogenolysis instead [77]. In LPS/IFN- γ -induced M1 macrophages, ^{13}C tracing showed glycogenolysis-derived G6P being channeled to the PPP. Abrogation of glycogenolysis by the inhibitor PZ0189 interferes with the PPP, ultimately leading to increased ROS levels and macrophage death. Meanwhile, the disruption of glycogenolysis or PPP can inhibit the M1 phenotype and reduce macrophage ability to clear bacteria, suggesting that the glycogenolysis-directed PPP plays a critical role in regulating the phenotype, function, and survival of M1 macrophages [77].

The breakdown of glycogen implicates the existence of glycogen synthesis in M1 macrophages. Several lines of evidence demonstrate that a highly efficient glycogenesis exists in M1 macrophages: (a) PAS staining displays red color; (b) abundant glycogen is detected by the colorimetric assay in M1 macrophages; (c) glycogen particles are observed under a transmission electron microscope; and (d) ^{13}C tracing shows G6P flux to glycogen. Identification of the glycogenesis-glycogenolysis-PPP metabolic chain provides deep insights into how glucose metabolism is involved in macrophage polarization toward the M1 phenotype. This, however, raises a question about the futile use of G6P. The distinctive compartmentalization of the involved enzymes may provide a rational explanation,

Fig. 1. Glycogen metabolic chain in CD8⁺ Tm cells. CD8⁺ Tm cells use extracellular glucose for their *de novo* fatty acid synthesis and then use cell-intrinsic lysosomal acid lipase (LAL)-mediated lipolysis of lipid to fuel fatty acid oxidation (FAO). Mitochondrial citrate enters the cytoplasm where it decomposes into acetyl-CoA and oxaloacetate. Acetyl-CoA is used for fatty acid biosynthesis. CD8⁺ Tm cells markedly upregulate Pck1 to drive gluconeogenesis and allow G6P to flux into glycogen synthesis. G6P from glycogenolysis is channeled to PPP that generates abundant NADPH, insuring high levels of GSH in CD8⁺ Tm cells. On the other hand, insufficient OAA in mitochondria results in the diversion of acetyl-CoA to the ketogenic pathway. Ketogenesis-generated BHB epigenetically modifies FoxO1 and PGC-1 α , leading to FoxO1 and PGC-1 α -dependent Pck1 upregulation.



but a more reasonable answer is that the glycogen metabolic intermediate, UDPG/P2Y14, can activate an important signaling pathway, as previously mentioned. In this case, the UDPG-P2Y14 signaling regulates the inflammatory response of M1 macrophages by regulating the expression and activity of STAT1. STAT1 is a key transcription factor that regulates a panel of pro-inflammatory factors such as TNF- α , IL-12, and nitric oxide (NO) [77]. Transcription factors such as retinoic acid receptor RAR β , ZNF-148, and IRF-1 are known to regulate the expression of STAT1 [78–81]. Notably, the UDPG-P2Y14 signaling results in the upregulation of RAR β , which directly binds to the *STAT1* promoter, thus promoting STAT1 expression in M1 macrophages. Besides upregulating STAT1 expression, this UDPG-P2Y14 signaling also induces STAT1 phosphorylation by downregulating tyrosine phosphatase TC45, thus activating STAT1 and subsequent driving macrophage M1 polarization [77]. The elucidation of this mechanism reveals glycogen metabolism as a prospective intervention target against inflammatory diseases.

Glycogen metabolism benefits hypoxic tumor-repopulating cells

Hypoxia is a physiological and physiopathological phenomenon, which commonly appears in malignant

tissues due to the disorganized tumor vascular network, leading to intercapillary distance beyond normal oxygen diffusion [82]. Hypoxia causes a lack of O₂ as the electron recipient in the electron transport chain (ETC) and thus slows down the electron transfer along the ETC [83,84]. Despite obstructing energy generation, hypoxia is commonly associated with increased metastasis, a worse prognosis in cancer patients and is believed to be an important driving force for cancer progression [85,86]. The underlying mechanistic understanding involves in glucose metabolism. Slowing down the ETC due to hypoxia results in NADH and FADH₂ accumulation, thus hindering the TCA cycle [87,88]. As a feedback regulation, glycolysis is known to be strengthened in hypoxia. One molecular basis lies in the upregulation of HIF-1 α , which regulates various glycolysis enzymes. Notably, HIF-1 α also regulates glycogenesis enzymes including glycogen synthase [89,90]. Indeed, the existence of glycogen in various hypoxic tumor cell lines has been reported [91,92]. Studies had demonstrated that blocking glycogen breakdown with a small molecular inhibitor can induce apoptosis in pancreatic tumor cells [93]. Also, blocking glycogen degradation can induce glioblastoma cell senescence via the decrease of PPP-derived NADPH [94]. Although it is clear that glycogen metabolism promotes hypoxic tumor growth [90,91], dissecting the

intrinsic mechanisms utilizing glycogen metabolism to reprogram hypoxic tumors is necessary.

Tumor-repopulating cells (TRCs) are a very small population of tumor cells with a characteristic of mechanical softness, which can self-renew and are highly tumorigenic [95–98]. Studies have reported that hypoxia can promote tumorigenic cell development and confer the cells a stem-like phenotype [99]. Notably, hypoxia can induce differentiated tumor cell growth retardation or even apoptosis but can also promote TRC growth. This alternate consequence is due to the extremely elevated ROS levels in differentiated tumor cells but a merely moderately high ROS level in TRCs under hypoxic conditions. Hypoxia-driven HIF-1 α downregulates mitochondrial phosphoenolpyruvate carboxykinase (Pck2), resulting in the hindrance of fumarate carbon flow. On the other hand, hypoxia promotes TRCs to use glutamine as a supplemental carbon source. These two conditions lead to fumarate accumulation. Fumarate is an unsaturated electrophilic metabolite. Thus, the excessive fumarate can covalently modify cysteine residues of glutathione and generate succinated glutathione (GSF) [100]. GSF is then catalyzed by glutathione reductase in the consumption of NADPH. Such fumarate-GSF forms a futile cycle but impedes GSH from clearing free radicals, thus increasing ROS levels. However, the question remains as to why hypoxic TRCs only moderately increase ROS but hypoxic differentiated tumor cells strikingly increase it. In our ongoing studies, we found that TRCs upregulate gluconeogenesis rate-limiting enzymes Pck1 and Fbp1, which can drive the carbon flow from gluconeogenesis to glycogenesis. Following this, glycogenolysis-derived G6P further fluxes to the PPP and the generated NADPH can therefore lower ROS levels in hypoxic TRCs. However, the gluconeogenic activity is very low in hypoxic differentiated tumor cells, which cannot form the glycogen-PPP metabolic pathway. Thus, a gluconeogenesis-glycogenesis-glycogenolysis-PPP metabolic chain seems to be initiated by TRCs in response to hypoxia, leading to hypoxic TRC growth.

Open questions and concluding remarks

It has been more than 160 years since the discovery of liver glycogen by Claude Bernard [101]. Now, a basic understanding of glycogen storing and supplying energy has been established. However, despite numerous research achievements, there is still much to learn about glycogen and its metabolism. Oxidative phosphorylation is the root of energy generation. Electrons

are transferred along the ETC and the released energy pumps proton from the matrix to the intermembrane space to form a proton gradient. The membrane-spanning enzyme ATP synthase catalyzes the addition of a phosphate to ADP by capturing energy released from protons across the inner membrane into the matrix. Such generated energy creates the molecule ATP, which has become the spring of cellular life. However, the imperfection lies in that electrons may leak from the ETC and react with molecular O₂ to generate a superoxide anion, the prototype of ROS. Thus, the cellular respiration by glycolysis, the TCA cycle, and oxidative phosphorylation generates energy to create a life but it also produces ROS which can ultimately destroy the life. In contrast, the carbon flow along the gluconeogenesis-glycogenesis-glycogenolysis-PPP and back to glycolysis not only generates ATP but also mobilizes the machinery to quench ROS. From a biochemical view, the glycogen-PPP-glycolysis metabolic mode has a greater advantage in maintaining cellular homeostasis and survival. In this sense, we propose that glycogen metabolism may play a critical role in maintaining a healthy state of cellular life rather than just in storing and supplying energy. We also propose that the whole metabolic chain of the gluconeogenesis-glycogenesis-glycogenolysis-PPP may provide useful targets for drug intervention against major chronic diseases (Fig. 2). Regardless, some fundamental questions must be addressed.

For instance, why do cells use gluconeogenesis-derived G6P rather than glycolysis-derived G6P to initiate glycogenesis? Similarly, why do cells use glycogenolysis-derived G6P rather than gluconeogenesis or glycolysis-derived G6P to initiate PPP? The spatial distribution of glycogen is highly heterogeneous in cells. The distinctive compartmentalization of glycogen and the involved enzymes might be a reason. The existence of carbohydrate metabolic compartments in the cytoplasm has been demonstrated before [102–104]. These compartments are considered the product of F-actin remodeling by forming spherical structures with a diameter 0.5–1 μ m, which can contain glycogen metabolic enzymes GYS and PYG [105,106]. In addition, mechanobiology is necessary to address how glycogen is transported by cytoskeletal movement.

Another example is about the regulation of glycogenesis and glycogenolysis. Glycogen synthesis and degradation are two opposite processes. The active forms of the key glycogen metabolic enzymes glycogen synthase and glycogen phosphorylase are also opposite with dephosphorylation and phosphorylation, respectively. Signals such as insulin, glucagon, and epinephrine also have opposite roles in regulating glycogen

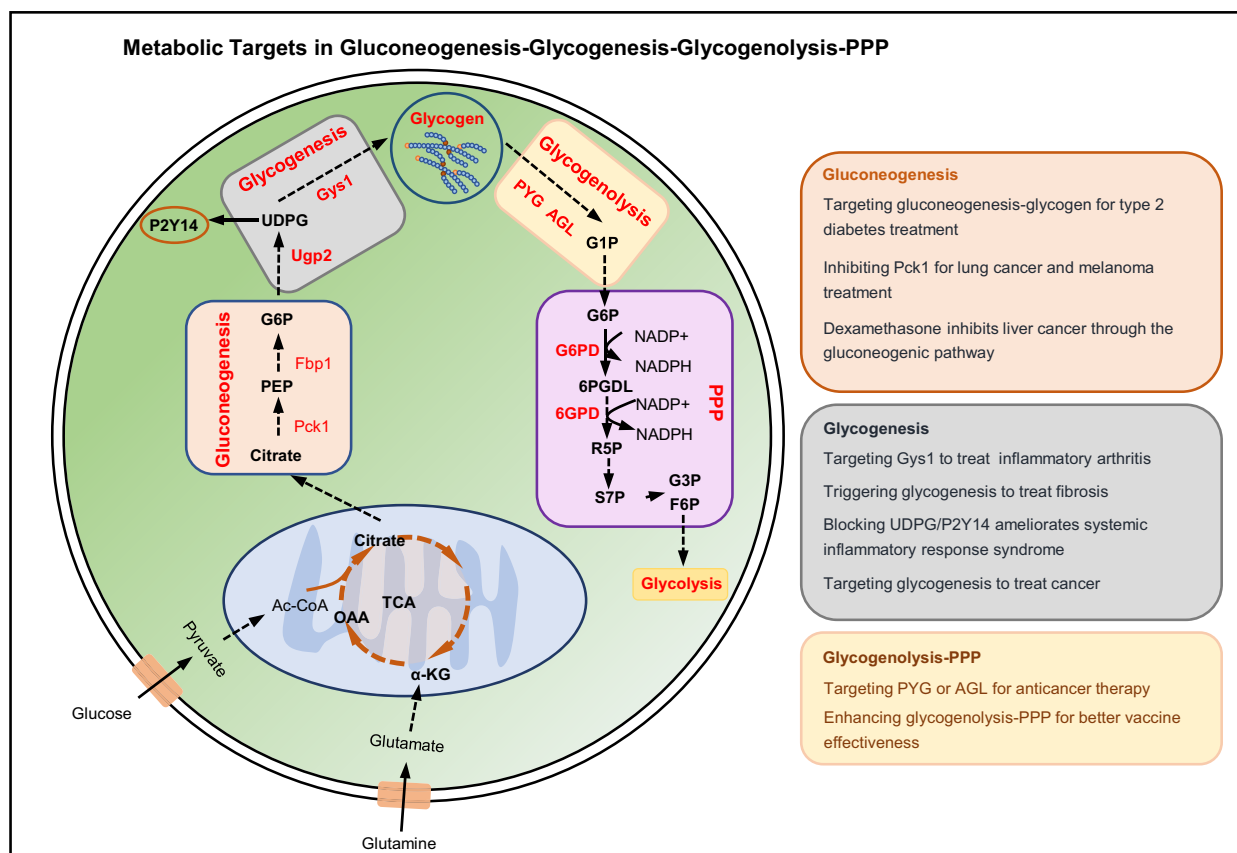


Fig. 2. Potential metabolic targets in the chain of gluconeogenesis-glycogenesis-glycogenolysis-PPP for drug intervention against major chronic diseases.

synthesis and degradation. How can tumor cells, macrophages, and T cells mobilize glycogen synthesis and degradation simultaneously?

All in all, over the last decade glycogen metabolism has become an avidly investigated topic in the metabolic field. From a conventional view, the function of glycogen seems clear with muscle glycogen generating ATP for energy demand and hepatic glycogen releasing glucose for other tissues. However, the significance of glycogen may be far beyond storing and supplying energy. The roles of glycogen in redox homeostasis, energy sensing, metabolic integration, cell differentiation, and inflammation regulation are far more unclear and worthy of investigation in the future.

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Conflict of interest

The authors declare no conflict of interest.

Author contributions

BH developed the concepts of reviewing this topic. HZ, JM, KT, and BH wrote the manuscript. BH provided critical review and supervised the project.

Peer Review

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